

2016 ZÜRICH INTERNATIONAL LADIES POLO CUP



POLO⁺¹⁰ The Polo Magazine, Special Edition

Polo Park Zürich, 2nd–3rd July 2016



POLO⁺¹⁰

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Since 3 years, we organise the **In Vino Challenge** in Polo Park & Country Club Zürich with Hausamann Bäckerei as a co-sponsor. It's a 6 goals tournament, where players can enjoy a wine tasting and asado after the prize giving ceremony. For more informations, please contact us or Polo Park Zürich.

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DEAR GUESTS, SPONSORS AND PLAYERS,



Despite polo being played today in about 90 countries, women still represent a large minority of the players. We have recognized early that women are a very big part of the future of the sport, and are the fastest growing polo population in the world. To support this growth, we are very fortunate to have many sponsors who repeatedly, in the past as today, have given time, efforts, money and gifts. I would like to thank them profoundly for supporting us!

Though Ladies Polo only developed since the 1980s, at Polo Park Zürich we have been organising Ladies Cups for the last 17 years, every year without a fail. This year, we will have teams and players coming from all over the world, at least 8 nationalities are represented, which is a great turnout. Finally, a last thank you to two ladies that have done an unbelievable amount of work to make this tournament happen, my wife Morgan Van Overbroek, and Clara Podesta, the wife of our Polo Manager Francisco.

Enjoy the 2016 Zürich International Ladies Polo Cup!

obgleich Polo heute in mehr als 90 Ländern gespielt wird, sind Frauen im Polosport immer noch stark in der Minderzahl. Wir haben schon früh erkannt, dass Frauen ein wichtiger Teil der Zukunft dieses Sports und die am schnellsten wachsende Gruppe im Polo sind. Zum Glück haben viele Sponsoren dieses Wachstum immer wieder, sowohl in der Vergangenheit als auch heute, mit ihrer Zeit, ihrem Einsatz sowie Geld und Geschenken unterstützt. Ich möchte diesen Sponsoren von ganzem Herzen für ihre Unterstützung danken!

Auch wenn sich Ladies Polo erst seit den 1980ern entwickelt hat, richten wir hier im Polo Park Zürich bereits seit 17 Jahren ohne Ausnahme Ladies Cups aus. In diesem Jahr kommen die Teams und Spielerinnen aus aller Welt. Mindestens acht Nationalitäten werden repräsentiert sein, was eine tolle Beteiligung ist. Am Ende noch ein Dankeschön an zwei Ladies, die eine unglaubliche Arbeit geleistet haben, damit dieses Turnier stattfinden kann: Meine Frau Morgan Van Overbroek und Clara Podesta, die Frau unseres Polo-Managers Francisco.

Viel Spaß beim Zürich International Ladies Polo Cup 2016!

SÉBASTIEN LE PAGE

Owner of Polo Park and Country Club Zürich



HOW TO GET TO POLO PARK ZÜRICH

From Zurich: Take the A1 in the direction of Saint Gallen/Winterthur, turn off at exit 71 Winterthur/Ohringen/Zentrum. Turn left into Schaffhauserstr. Drive straight and at the first roundabout you are already at Polo Park Zürich (located 30km from Zurich Downtown or airport).

THE POLO MANAGER

Argentinian Francisco Podesta (hdc 3), polo manager and club trainer at Polo Park Zürich, speaks about his polo career and the development of the club.

INTERVIEW STEFANIE STÜTING PHOTOGRAPHY CLARA PODESTA

“GOOD THINGS DON'T NEED TO BE CHANGED.”

THE PHILOSOPHY OF POLO PARK ZÜRICH

HOW WAS YOUR PERSONAL POLO CAREER SO FAR AND SINCE WHEN ARE YOU POLO MANAGER AT THE POLO PARK ZÜRICH?

I started polo as a kid, in Argentina, coming from a polo family. In Argentina I played mostly in my area, Lobos, 100 kilometres from Buenos Aires, which is a very well-known polo area. I came to Europe in 1990 and this year it will be 27 seasons I am here. I have played mostly in Germany and Switzerland, and also participated in some tournaments in France, Italy, the Netherlands, Belgium, Austria and the Czech Republic. I am polo manager at the Polo Park Zürich since we started the club in October 1998.

HOW IS THE POLO PARK ZÜRICH DEVELOPING SINCE SÉBASTIEN LE PAGE IS PRESIDENT?

The club is very successful and that is why we keep things going as before: The philosophy of the Polo Park Zürich is “Good things don't need to be changed”, thus we keep on offering polo every day, at all levels. And this is why we have low, medium and high goal polo, kids polo, ladies polo, and school chukkas for beginners. With Sébastien Le Page, medium goal polo has become bigger, because he has hired more professional players and he puts

together 2 teams in the medium goal for every tournament. And a new time is coming for the club with the new infrastructure: new stables, clubhouse, etc.

HOW MANY PLAYERS AND HORSES DO YOU HAVE?

We have 30 active amateur players and in addition we have 10 Argentinian players with handicaps between 2 to 6 goals, all-season. And more than 100 VIP members, 25 of them starting polo. We have 10 kids (between 9 and 14 years old) with fixed kids polo days: Each Wednesday and Saturday the kids come to train and improve. Regarding horses, we have 150 horses, which are located in different stables around the polo club.

WHICH ARE THE MOST IMPORTANT TOURNAMENTS THIS YEAR?

This year we have the following tournaments: In Vino Challenge, Zürich Championship, Zürich International Ladies Polo Cup, Vecinos Cup, San Francisco de Assis, La Irenita, SchlossAtelier Trophy and Klinik Bethanien Exhibition. All with a medium and low level.

WHAT ARE YOUR TARGETS AND AIMS FOR THE CLUB?

The next target is to have another full-size polo field, and to give the chance to everybody who wants to start polo to do it. ●



WIE HAT DEINE BISHERIGE POLOKARRIERE AUSGESEHEN UND SEIT WANN BIST DU POLO MANAGER IM POLO PARK ZÜRICH?

Ich komme aus einer argentinischen Polofamilie und habe bereits als Kind mit dem Polo spielen begonnen. In Argentinien habe ich überwiegend nahe meiner Heimatstadt Lobos gespielt, die rund 100 Kilometer von Buenos Aires entfernt liegt und eine sehr bekannte Gegend für Polo ist. Nach Europa bin ich im Jahr 1990 gekommen, weshalb ich dieses Jahr bereits in meiner 27. Saison hier bin. Ich habe hauptsächlich in Deutschland und der Schweiz gespielt, aber auch an einigen Turnieren in Frankreich, Italien, den Niederlanden, Belgien, Österreich und Tschechien teilgenommen. Ich bin Polo Manager im Polo Park Zürich seitdem wir mit dem Club im Oktober 1998 gestartet sind.

WIE HAT SICH DER POLO PARK ZÜRICH ENTWICKELT, SEITDEM SÉBASTIEN LE PAGE PRÄSIDENT DES CLUBS IST?

Der Club ist sehr erfolgreich, weshalb wir genauso weitermachen wie zuvor: Die Philosophie des Polo Park Zürich ist „Was gut funktioniert, braucht nicht geändert werden“, weshalb wir wie vorher jeden Tag Polo auf allen Niveaus anbieten. Unser Angebot umfasst Low, Medium und High Goal Polo, Kids Polo, Ladies Polo und School Chukker für Anfänger. Durch Sébastien Le Page ist Medium Goal Polo hier im Club größer geworden, da er mehr Profis angeheuert hat und bei jedem Turnier zwei Medium Goal Teams an den Start schickt. Mit der neuen

Infrastruktur, den Ställen und dem Clubhaus, bricht für den Club außerdem eine neue Zeit an.

ÜBER WIE VIELE SPIELER UND PFERDE VERFÜGT DER CLUB?

Wir haben 30 aktive Amateurspieler und uns stehen die ganze Saison zehn argentinische Spieler mit einem Handicap von +2 bis +6 zur Verfügung. Außerdem hat der Club 100 VIP Member, von denen 25 mit dem Polo spielen begonnen haben. Und wir haben zehn Kinder (zwischen 9 und 14 Jahren), die an festgelegten Tagen spielen: An jedem Mittwoch und Sonntag kommen sie in den Club, um zu trainieren und sich zu verbessern. Wir haben 150 Pferde, die in verschiedenen Ställen rund um den Polo Club untergebracht sind.

WAS SIND DIE WICHTIGSTEN TURNIERE, DIE DIESES JAHR IM PPZ STATTFINDEN?

Wir haben dieses Jahr die folgenden Turniere: In Vino Challenge, Zürich Championship, Zürich International Ladies Polo Cup, Vecinos Cup, San Francisco de Assis, La Irenita, SchlossAtelier Trophy und Klinik Bethanien Exhibition. Alle Turniere haben ein Low und ein Medium Goal Level.

WAS SIND DIE NÄCHSTEN ZIELE IM POLO PARK ZÜRICH?

Unser nächstes Ziel ist es, ein zusätzliches Full-size Polofeld zu haben, damit wir allen, die das Polo spielen lernen möchten, dazu die Gelegenheit geben können. ●



POLO PARK AND COUNTRY CLUB ZÜRICH

Founded in 1998, today Polo Park and Country Club Zürich is not only the most active club in the country, but also boasts the highest number of members.

BY HALINA SCHMIDT PHOTOGRAPHY POLO PARK ZÜRICH



Top: Each year the Polo Park and Country Club Zürich hosts several polo tournaments.

Bottom: The club currently finishes the new stables and the new clubhouse, a multi-million Francs project.



The polo tournaments at Polo Park and Country Club Zürich are always well-attended.

30 active members, 20 new members and more than 80 VIP members, tournaments in all playing categories and club chukkas on a daily basis from May to the end of September – ever since it was founded 18 years ago, the Polo Park and Country Club Zürich has become one of the most active polo clubs in Switzerland with one of the largest membership bodies. Located between near Winterthur on the edge of the Zurich wine-growing region, just 20 minutes' drive away from Zurich Airport, not only is the club easy to get to from within Switzerland, but also from all over Europe. In addition to the large main field on the 7.5 hectare grounds, there are also several smaller fields. Currently a stall complex with space for 57 polo ponies and a large clubhouse with changing rooms, showers, a bar, offices, a terrace, a fire pit and horse exerciser facility is being built. Sébastien

Le Page, owner of the Polo Park Zürich: "Right now we are finishing the new stables and the new clubhouse, a multi-million Francs project started 12 years ago, and that will be finished, finally, this year. Furthermore, we are negotiating the use of a new polo field, and hope to have some progress on this at the end of the season."

Thanks to the in-house trainer and polo manager Francisco Podesta, a 3-goal player from Argentina, the Polo Park Zürich established an excellent name for itself as a polo training centre right from the very start. During the summer months, introductory and intensive courses, lessons and training sessions are offered. Everyone is welcome at the PPZ – whether beginner or experienced player!

www.polopark.ch



The club is located at the edge of Zurich's wine region near Winterthur, only a 20 minute drive from Zurich.

30 aktive Mitglieder, 20 neue Mitglieder und mehr als 80 VIP-Mitglieder, zahlreiche Turniere in allen Spielklassen sowie tägliche Club Chukker von Mai bis Ende September – seit seiner Gründung vor 18 Jahren hat sich der Polo Park and Country Club Zürich zum mitgliedstärksten und aktivsten Polo Club der Schweiz entwickelt. Zwischen Ohringen bei Winterthur und Hettlingen am Rande des Zürcher Weinlandes gelegen und nur 20 Autominuten vom Zürcher Flughafen entfernt, ist der Club nicht nur innerhalb der Schweiz, sondern auch aus ganz Europa gut erreichbar. Auf dem 7,5 Hektar großen Gelände finden sich neben dem großen Hauptfeld auch mehrere Nebensfelder. Zur Zeit wird zudem ein Stall mit Platz für 57 Polo Ponies sowie ein großes Clubhaus mit Umkleideräumen, Duschen, einer Bar, Büroräumen, einer Terrasse, einer Feuerstelle sowie einer Pferde-Führanlage errichtet. Sébastien Le Page, Besitzer des Polo Park Zürich: »Wir beenden gerade die Arbeiten

an den neuen Ställen und dem Clubhaus, einem mehrere Millionen Franken teuren Projekt, das bereits vor 12 Jahren begonnen wurde und in diesem Jahr endlich fertiggestellt werden wird. Außerdem verhandeln wir gerade den Bau eines neuen Polofelds und hoffen, dass wir hierbei bis Ende der Saison einen Fortschritt erzielen können.«

Dank dem clubeigenen Trainer und Polo Manager Francisco Podesta, einem 3-Goal-Spieler aus Argentinien, hat sich der Polo Park Zürich von Anfang an auch einen hervorragenden Namen als Polo-Ausbildungsstätte gemacht. Während der Sommermonate werden Einführungs- und Intensivkurse, Lehrgänge, Lektionen und Trainings angeboten. Im PPZ ist jedermann willkommen – ob Anfänger oder erfahrener Spieler!

www.polopark.ch



Image: Sunny Hale

INTERVIEW WITH SUNNY HALE

Polo player Sunny Hale was the first woman to win the US Open Championship. In this interview she talks about her fascinating polo career, how she became the first female professional player and what she thinks about Ladies Polo.

INTERVIEW MORGAN VAN OVERBROEK PHOTOGRAPHY CLARA PODESTA

WHEN AND HOW DID YOU GET IN TOUCH WITH THE SPORT OF POLO?

I played my first tournament at the age of 10 as a substitute player for someone who could not make it.

WAS IT DIFFICULT FOR YOU AS A GIRL TO GET INTO POLO?

I was very fortunate and am grateful for the introduction to horses and polo from my mom, who was a true trailblazer in the sport for women in the United States. I left the safety of home and all of my family ties at a young age to pursue my dream in the sport and turned professional at about 19-20 years old. When I started out after my dream in the sport there

were no opportunities for a female player as a professional, so over time I had to create them through my performance on the field. That took dedication, a solid work ethic, turning away from drugs and partying when offered and consistently working at being my best in every aspect. I began playing tournaments consistently in my late teens and early twenties in every kind of polo that was available to me with my ultimate aim set on the top of the sport.

WHAT IS YOUR PERSONAL FASCINATION ABOUT THE SPORT LIKE?

My personal fascination has always been the pursuit of the perfect game and the fun that



Zürich Ladies Cup 2015 – Irene Gräff for team Piaget.

goes into attempting to play your best game each time you enter the field. To me that means everything involved and the work leading up to the actual game: your horses, your own skills, your organisation, your presentation at the field, your performance on the field, your ability to score goals consistently under pressure, your mindset, your execution of good strategy ... the list goes on!!! That is the fascinating puzzle that never seems to get solved and leaves you always searching for more. To me that is the core of the addiction and especially the strategy of the game, one of my absolute favourite topics. Strategy is so much fun to execute and especially when you know what a team's issues will be and how to exploit them as the game goes...pure fun to crack a tough team or player. My other fascination with the game is the horses...without them there is no game. The horses are such an amazing experience in every direction you can think of and what they bring to the game is the ride of a lifetime with the world's greatest athlete. The pursuit of bringing a single horse or your entire string to their absolute peak is like a constant process of fine tuning that is so addicting...and yes I have owned hundreds of horses throughout my career in polo of all types and no matter how many you own throughout your life you are always on the lookout for the next diamond in the rough or special looking horse that catches your eye or could be "the one". This is also

“THAT TOOK CONSISTENTLY WORKING AT BEING MY BEST IN EVERY ASPECT.”

SUNNY HALE Polo player

why I felt the need to give horses their own book in the "Let's Talk Polo" book series as it is released, because there is so much to learn and be aware of as an aspiring player when it comes to building and maintaining a string. As a polo player there is no greater ingredient than the quality of horses you are playing and it takes time to learn all the details buried in the process that equal success or failure. Coming out in July, "Let's Talk Polo Ponies" has been one of the most fun books to write so far, as I am completely fascinated with horses and I can see clearly as the pages have unfolded just how serious my addiction to learning everything I could about horses has always been. Total addiction and fascination, in fact I would call myself horse autistic...I can recall horse info from one glance encounter with a horse like "Rainman" for years, but will completely forget the rider's name. To me they are the most fascinating component to the sport of polo and the connection you have with the great ones that take you to a whole new level



Image: Sunny Hale

2015 Argentine Women's Open: Team La Dolfina with Adolfo Cambiasso and team coach Milo Araujo.

on the field is like no other feeling you will ever experience...because they are competing with you, buried deep in your thoughts with every inch of their power and heart, as you race down the field. That is a power you need to experience physically to understand the magnitude properly...and I did warn you...it is addicting.

HOW DID YOU DEVELOP REGARDING THE HANDICAP?

I developed my handicap through hard work and dedication to learning the things that were hard or that I was unable to do. Today looking back, I realize there is no other way to get to the top than to actually go out and do the work. There are no shortcuts when you want to be the best and without a solid work ethic you are setting yourself up for failure. That is why I wrote the book called "Let's Talk About Your Handicap" (volume #2 in the Let's Talk Polo book series) so that other players who would like to achieve their personal best could have an actual guide to follow with advice that I know works. I did not have that guide when I started out and had to learn things by trial and error...many errors and complete failures (laughs), but that is the best way to find the real answers that actually work. If you want to be the best you need to know the real answer...that is what will lead to solving the equation you are after and real improvement.

Relying on anything less is like stepping in quicksand when the heat gets turned up on the field. I also was able to develop my handicap because of the skill level of players I was able to play against and constantly trying to learn how to keep up with them. That is the best way to expand your self at any level, to constantly be challenged. That has been a consistent pattern throughout my entire career. Each step up in tournament level required a whole new set of skills that required better efficiency when executed. It was a constant and gradual process that I stayed dedicated to until I could perform what I felt I needed to do to get the job done on the field in the position I was assigned. You also have to know what the ingredients are and how to put them together properly, which takes a lot of time and money if you are focused on practicing the wrong stuff. I always knew I was getting things right by the opportunities or invites to play that came from top players, that is how I personally judged my handicap work and proper development along the way.

WHICH WERE YOUR MAJOR SUCCESSES AS A POLO PLAYER?

I would say my greatest success to date is that I had what looked like an impossible dream in the sport and I achieved it...all of it and with perfection to the intent and that is what I was after. I never stopped short or gave up on what



1 Belen Podesta at the Zürich Ladies Cup 2015 2 Laurastar Ladies Open 2014 3 Sunny Hale at the 2014 Laurastar Ladies Open in Zürich 4 Laurastar Ladies Open 2014.

I always believed was possible. My dream was to play with the best polo players in the world because they asked me to be there. That was my dream and the journey of a lifetime competing alongside some of the greatest players in the game. I have a huge list of tournament wins from zero goal polo all the way up to the US Open Championships and many in 20-26 goal polo with incredible team mates like Carlos Gracida, Memo Gracida, Eduardo Heguy, Pite Merlos, Benjamin and Santiago Araya, Owen Rinehart, Adam Snow, Gonzalito Pieres, Miguel Novillo Astrada, Julio Arellano and many more that I am really proud of and especially for the teams and level of professional players that gave me those opportunities, but to me my greatest accomplishment is achieving my personal dream and that was a hard one to

define by just one win because it took a lifetime of games climbing up the ranks of the sport to get that opportunity from the players at the top and that is exactly what I was after. One of my absolute favourite successes is the US Open Championships 26-goal win with Outback Steakhouse and Adolfo Cambiasso. That is the day history changed forever as a marker in time. I got the chance to play because Adolfo requested to the team owner Tim Gannon that I be chosen as the fourth player, when the team was reorganised during the warm up tournaments. They could have chosen any professional player in the world for the team and brought them in for the spot...to me that opportunity and how it happened... is like a finish line to the dream that lives on forever and winning the Open was just icing on the cake.



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The Pioneers



Melissa Jenni, Laetitia Clement, Morgan Van Overbroek and Irene Gräff. Piaget Team just won the final.

WHAT DOES A NORMAL POLO DAY LOOK LIKE?

In my life I have come to learn one thing... there is no normal day and that seems to be a repeating pattern. I am a very driven person and like to push myself in all things I go after whether it be on the polo field or things I am passionate about like professional speaking and authoring several books to help other people achieve their dreams. If there were such a thing as a "normal day" I would say the only normalcy for me consists of a solid work ethic and the pursuit of what I am passionate about. A normal polo day means putting all your best efforts into everything it takes to be great in polo and that means time spent at the barn and stick'n'ball field until you get it right. To me, that is a normal day...anything less is logging hours.

WHAT IS YOUR OPINION ABOUT FEMALE POLO PLAYERS? IS THE SCENE GROWING? SHOULD LADY PLAYERS BE MORE SUPPORTED?

My opinion about female players is that they have more opportunities in the sport than ever before and if they are willing to do the work there is no telling how far they can go. The women's polo scene is definitely growing and one of the healthiest organically growing

sectors of the sport worldwide. The league I created back in 2005, for women to meet and compete worldwide in top level tournaments, called the WCT Women's Polo league (www.wctwomenspolo.com) is now going into Season 12 and is a living testament to that fact with recognized events in 6 countries and growing each season. I believe today female players have more support than ever before and it is up to them to take the next step by their performance on the field and work ethic at being a great polo player regardless of gender. Case in point, that to me was such a great experience was Adolfo Cambiaso bringing me to Argentina last year to play the Argentine Women's Open for La Dolfina with his daughter Mia and the daughters of the La Dolfina Open team coach Milo Araujo. The tournament was played during the finals week of Tortugas Open...what a statement of support by those fathers and testament to what is happening in the world for women and young girls all over the world. Our team went undefeated and managed to beat the well-promoted tournament favourites and best players in the country in the finals, but for me the greatest part was who was behind it and the energy and fun that went into the



Polo Park Zürich - club wear

Together with Polo Park Zürich, we have compiled a catalog of high quality club wear with the Polo Park Zürich logo.

How it works

A couple of times during the season, we open the catalog for ordering and produce your orders in bulk. The next order deadline is 15 July 2016. All orders received before the deadline will be delivered to the club or your home address approximately 3 weeks later. Please enter either "PPZ" or your home address in the shipping address field.

Prices

As our site operates in EUR, all prices in the shop are shown in EUR, excluding Swiss VAT. Approximate CHF prices including Swiss VAT are shown below.

The catalog

The Polo Park Zürich catalog contains the following items (more may be added later):

- 1) Polistas polo whites in cotton and 2% spandex for men & women - logo on upper right leg, Approx. CHF 149
- 2) Black Hound full zip hoodie, blue or grey, logo on the chest and a large logo on the back. Approx. CHF 159
- 3) Black Hound fleece vest, navy blue, women's & men's sizes, logo on chest and on the back, Approx. CHF 129
- 4) Black Hound cotton pique polo shirts, white or blue, women's & men's sizes, logo on chest, Approx. CHF 109

All logos are embroidered directly onto the garments for best quality and look.

The sizes are generally reliable, but should an item not fit, please let us know and we will replace it from stock.

We hope you enjoy shopping with us. If you have any questions or comments, please email to info@performance-polo.com.

Webshop: www.performance-polo.com/PPZ-club-wear



Polistas whites with club logo, ladies
Sizes 34-44
EUR 128.52 incl VAT



Polistas whites with club logo, men's
Sizes 28"-40"
EUR 128.52 incl VAT



Cotton pique polo shirt, blue w/club logo, ladies/men's
EUR 99.09 incl VAT



Cotton pique polo shirt, white w/club logo, ladies/men's
EUR 99.09 incl VAT



Full zip hoodie, blue, lined, w/club logos, ladies/men's
EUR 144.55 incl VAT



Full zip hoodie, grey, lined, w/club logos, ladies/men's
EUR 144.55 incl VAT



Fleece vest, blue with club logos, unisex sizes S-XL
EUR 117.28 incl VAT



A large club logo is embroidered on the back of vests and hoodies



Zürich Ladies Cup 2013.

amazing moment in time for the next generation of women's polo. We did have some great coaches, both moms and dads in support and amazing ponies...total fun...that's what polo is all about!!!

WHAT ARE YOUR PROS AND CONS REGARDING LADIES' TOURNAMENTS VERSUS TOURNAMENTS WITH MIXED TEAMS?

Women's polo is very strategic as we as women are always plotting something and for the most part are extremely good at defence, so when you get 8 together watch out. Ladies polo requires each player to step up and participate in a role they may not get to have on a mixed team. Therefore in women's polo you may be challenged with jobs you do not normally get asked to do and that can be a fun challenge for players and forces a woman to use a whole new strategy since they are no longer just being asked to mark a player, they are now being asked to captain the team or be able to pass the ball as a main or key player in the group. It can also push a player to find new talents they didn't know they had and help build their confidence in executing new game skills while playing among their competition.

WHAT ARE YOUR POLO PLANS FOR THIS SEASON?

My plans this season are a little different, as on top of a heavy travel schedule for polo and related events, I have dedicated a good portion of it to a few polo related projects I have created to help other players achieve their goals in the sport with solid information that is easy to follow. The information platform for polo players where they can find useful and inspirational advice that I know works includes a book series I wrote called "Let's Talk Polo" and so far includes three books: "Volume #1: Let's Talk Polo", "Volume #2: Let's Talk About Your Handicap" and soon to be released "Volume#3: Let's Talk Polo Ponies" as well as an Instagram and Facebook page called "Let's Talk Polo". A very exciting part of this year as well, will be the completion and release of my personal story called "Conquering the Dream", about achieving my dream in the sport of polo (book release info can be found at www.sunnyhalepolo.com). At the end of the season I look forward to returning to Dubai for the 3rd Ladies International which is a huge and inspirational event for women in the Middle East and the growth of top level women's events all over the world. ●



SEASON'S PROGRAM 2016

DATE	NAME	LOCATION	HANDICAP LEVEL
30 April	Official seasonstart & PPZ Opening Dinner	Die Blaue Ente - Zürich	
7 - 8 May	Club Chukkas	PPZ	
14 - 15 May	Club Chukkas (Pfingsten)	PPZ	
21 - 22 May	Club Chukkas	PPZ	
28 - 29 May	In Vino Challenge (postponed)	PPZ	-2/+2 & +3/+6
4 - 5 June	In Vino Challenge NEW DATE	PPZ	-2/+2 & +3/+6
10 - 12 June	Zurich Medium Goal	PPZ	+3/+6
18 - 19 June	Zurich Low Goal	PPZ	-2/+2
24 - 26 June	Club Chukkas	PPZ	
2 - 3 July	Ladies Cup & Gentlemen's Club Chukkas	PPZ	-4/0
9 - 10 July	Club Chukkas	PPZ	
16 - 17 July	Club Chukkas	PPZ	
23 - 24 July	15 th San Francisco de Asis Polo Cup	PPZ	-2/+2 & +3/+6 or 8 tbc
30 - 31 July	Vecinos Tournament	PPZ	-2/+2 & +3/+6 or 8 tbc
6 - 7 August	Club Chukkas	PPZ	
13 - 14 August	Club Chukkas	PPZ	
20 - 21 August	Club Chukkas	PPZ	
3 - 4 September	Club Chukkas	PPZ	
10 - 11 September	SchlossAtelier Trophy	PPZ	tba
17 September	Klinik Bethanien Trophy & Club Chukkas	PPZ	+6/+8 demonstration game
24 - 25 September	La Irenita Cup (patrons only)	PPZ	
30 September	Farewell party	tba	

CLUB CHUKKAS:

Dienstag, Mittwoch und Freitag: 19.00 Uhr - Samstag: 16.00 Uhr - Sonntag: 11.00 Uhr.

KIDS POLO:

Mittwoch: 15.00 Uhr: Kids Club Training.

Samstag (vor den Club Chukkas): 15.00 Uhr: Kids Club Chukkas

Die Spielzeiten können je nach Jahreszeit und Witterung abweichen - info@polopark.ch - Francisco Podesta : +41 79 424 28 14.

PPZ – DISCOVERY COURSES:

14. May PPZ Polofield

02. July PPZ Polofield

27. August PPZ Polofield



The Open de France Féminin is held since 2011 and has become a renowned ladies tournament. In the picture: Winning team Lowell with Lottie Lamacraft (3), Françoise Speck (0), Emma Boers (3) and Caroline Anier (6) at the award ceremony of the 2015 Open de France Féminin.

LADIES POLO

In the 1950s, the first woman started to participate in tournaments – back then dressed as a man. Long since ladies polo has started its triumph around the world.

BY HALINA SCHMIDT PHOTOGRAPHY POLO+10

Ever since its beginnings more than 2500 years ago, polo has been a sport dominated by men. However, over the past few years, more and more women have discovered a liking for the fast-paced sport on horseback and can be seen in the saddle more and more often at tournaments. Sue Sally Hale started this trend back in the 1950s: in order to take part in competitions, she dressed as a man and for two decades, no-one noticed. Only in 1972 was she accepted into the ranks of the United States Polo Association as an official polo player.

Seit seinen Anfängen vor mehr als 2.500 Jahre ist Polo eine eindeutig von Männern dominierte Sportart. Doch seit einigen Jahren finden mehr und mehr Frauen Gefallen an dem rasanten Sport hoch zu Ross und sind auch bei Turnieren immer häufiger im Sattel anzutreffen. Den Anstoß hierzu gab Sue Sally Hale bereits in den 1950ern: Um an Wettkämpfen teilnehmen zu können, verkleidete sie sich als Mann – zwei Jahrzehnte lang bemerkte niemand diesen Trick. Erst 1972 nahm die United States Polo Association sie offiziell als Polospielerin in ihren Reihen auf.

Women primarily play alongside men in “mixed teams”, but an increasing number of ladies’ tournaments have also been taking place across the world for a number of years and these are becoming more and more popular. Today, a growing number of well-known female players such as Sunny Hale, the daughter of Sue Sally Hale, and Lia Salvo, Hazel Jackson and Carina Clarkin are making headlines and inspiring other woman to have a go at polo.

Spielten Frauen zunächst mit Männern in erster Linie in »gemischten Teams«, werden seit einigen Jahren überall auf der Welt immer mehr Ladies Turniere veranstaltet, die sich steigender Beliebtheit erfreuen. Heute machen bekannte Polospielerinnen wie Sunny Hale (Tochter von Sue Sally Hale), Lia Salvo, Hazel Jackson oder Carina Clarkin von sich Reden und animieren so auch andere Frauen überall auf der Welt, den Poloschläger selbst in die Hand zu nehmen.

AEGERTER

Jean Luc and Paul Aegerter have been producing fine Burgundies in Nuits-Saint-Georges since 1988. Combining respect for tradition with creativity, they embody the values and heart of a father and son committed to the cause of bringing the very best of Burgundy's terroirs to a wider audience.

PHOTOGRAPHY AEGERTER



Maison Jean-Luc & Paul Aegerter is a family wine business set up back in 1988 in Nuits-Saint-Georges. Amidst a respect for both tradition and creativity, the Maison Aegerter combines the energy and soul of a father and son, who each day strive to introduce the delights of Burgundy's terroirs to a wider audience. Winegrowers, winemakers and wine merchants, Jean-Luc Aegerter and Paul, who joined his father in 2001, vehemently lay claim to this little extra soul... both simply and straightforwardly... so that the very expression of the terroir triumphs: "Nature is always more powerful than man. Our passion, our energy and our savoir-faire enables us to showcase this on a daily basis. Let's not seek to change nature's exceptional generosity!" Boasting innovative ideas, innate business sense and a permanent creative spirit, Paul Aegerter's energy and determination is boundless. In this way he injects fresh impetus and takes the family business to new horizons.

Der Familienweibetrieb »Maison Jean-Luc & Paul Aegerter« wurde 1988 in Saint-Georges gegründet und kombiniert mit Respekt für sowohl Tradition als auch Kreativität Energie und Seele von einem Vater und einem Sohn, die jeden Tag bestrebt sind, die Vorzüge des Burgund Terroirs einem größeren Kreis zu eröffnen. Die Weinbauern, Weinmacher und Weinhändler Jean-Luc Aegerter und Paul, der seinen Vater seit 2001 unterstützt, erheben vehement Anspruch, diese kleine extra Seele zu unterstreichen – genauso einfach wie ausdrücklich – mit dem Ziel, dass der Ausdruck des Terroirs triumphiert. »Natur ist immer mächtiger als der Mensch. Unsere Leidenschaft, unsere Energie und unser Know-how ermöglichen uns, dies jeden Tag zu demonstrieren. Wir dürfen nicht danach streben, die außerordentliche Großzügigkeit der Natur zu ändern.« Paul Aegerter's Energie und Zielstrebigkeit sind grenzenlos. Mit innovativen Ideen, seinem intuitiven Geschäftssinn und einem andauerndem Schöpfergeist bringt er frischen Wind in den Familienbetrieb und führt ihn zu neuen Horizonten.

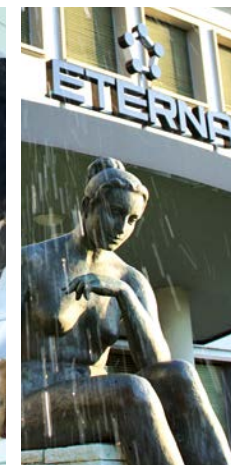
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The name Eterna is synonymous with timepieces of the highest quality, with Swiss watchmaking tradition, and with an outstanding spirit of innovation.

PHOTOGRAPHY ETERNA



The passionate desire to master horological challenges as well as to constantly improve existing features has been driving Eterna since 1856.

Since 1856, Eterna has been producing the finest-quality watches in the great Swiss watchmaking tradition. Eterna's workshops have developed a wealth of important innovations. In this way, Eterna continually succeeds in finding original and unexpected solutions to the challenges that have faced watchmakers for centuries. Polo and the 2016 Zürich International Ladies Cup represent some of Eterna's core characteristics: grace, elegance, class and an adventuring spirit.

Seit 1856 fertigt Eterna hochkarätige mechanische Uhren nach schweizerischer Uhrmachertradition an. In Eternas Werkstätten wurden eine Fülle von wichtigen Innovationen entwickelt. Auf diese Weise findet Eterna immer wieder originelle Lösungen auf Herausforderungen, denen sich Uhrmacher seit Jahrhunderten stellen. Polo und der Zürich International Ladies Cup 2016 spiegeln perfekt die Kernwerte der Eterna wider: Anmut, Eleganz, Klasse und Abenteuergeist.

www.eterna.com

www.eterna.com

POLO RULES

With knowledge of the basic rules, even a newcomer to polo can partake in the action on the field. On the following pages you will find the basics of the fast sport of polo at a glance.

PHOTOGRAPHY JACQUES TOFFI

THE TEAM

Each of the four players is assigned a position numbered from 1 to 4. No. 1 is the attacker, no. 2 is a midfielder, no. 3 is the team's tactical link, and no. 4 (also known as the "back") is the defender at the backmost position. While no. 1 and no. 2 play forward, no. 3 and no. 4 take on the defence.



DAS TEAM

Jeder der vier Spieler trägt entsprechend seiner Position auf dem Feld eine Nummer. Nr. 1 ist der Angreifer, Nr. 2 ein Mittelfeld-Spieler. Nr. 3 ist der taktische Dreh- und Angelpunkt, das Herz des Teams, und Nr. 4 (auch »back« genannt) ist der Verteidiger auf der hintersten Position. Während sich 1 und 2 nach vorne orientieren, übernehmen 3 und 4 die Verteidigungsaufgaben und bauen das Spiel von hinten auf.

THE GAME

A game has four to eight periods of play known as chukkas. One chukka is seven and a half minutes long with the clock being stopped every time there is any interruption. The breaks between each chukka are about three to five minutes long and this is when players have to change ponies. The game is not stopped if a player falls off his horse as long as he or she is not injured. However, play is stopped if a horse injures itself, the bridle gets entangled, or a horse's bandage comes undone.



DIE SPIELZEIT

Ein Spiel besteht aus mindestens vier bis höchstens acht Spielabschnitten, den sogenannten Chukkern. Ein Chukker hat 7,5 Minuten reine Spielzeit, bei Unterbrechungen wird die Uhr angehalten. Die Pausen zwischen den einzelnen Spielabschnitten, in denen die Pferde gewechselt werden müssen, dauern zwischen drei und fünf Minuten. Fällt ein Spieler vom Pferd, ohne sich zu verletzen, läuft das Spiel weiter. Stürzt oder verletzt sich ein Pferd, wird das Spiel hingegen sofort unterbrochen.

LINE OF THE BALL

The line of the ball and the right-of-way make up the fundamentals of the game. The line of the ball is the imaginary path the travelling ball is expected to take. This line may not be crossed by the opponent. A player who is going straight after a ball he has hit, or the first player to swing into the line of a rolling or flying ball, without hampering the others, may not be intercepted by any other player in case this could harm the player or the pony.



LINE OF THE BALL

Die Linie des Balls und das Wegerrecht bilden die Grundlage des Spiels. Die Linie des Balls ist die weitergedachte Richtungslinie des geschlagenen Balls. Diese Linie darf von einem Gegner nicht gekreuzt werden. Der Spieler, der seinem geschlagenen Ball auf gerader Linie folgt oder als erster ohne Behinderung anderer auf die Linie des rollenden oder fliegenden Balles einschwenkt, darf nicht von einem anderen Spieler gekreuzt werden, wenn dadurch Pferd oder Spieler gefährdet würden.

THE FIELD

The standard polo field is 300 yards long and 200 yards wide or the equivalent of about 274 metres x 183 metres. The 3meter-high goal posts are 8 yards (approx. 7.3 metres) apart and are collapsible for safety reasons. A goal is valid every time the ball goes through the goal – regardless of how high the ball is hit.



DAS SPIELFELD

Das Polospielfeld ist in der Regel 300 Yards lang und 200 Yards breit, was einer Bemaßung von ca. 274 Meter mal 183 Meter entspricht. Die 3 Meter hohen Torpfosten stehen 8 Yards (ca. 7,3 Meter) auseinander und sind aus Sicherheitsgründen nicht fest verankert. Als Torerfolg wird auch jeder Ball gerechnet, der zwischen den gedachten Verlängerungslinien der Pfosten – egal in welcher Höhe – hindurchgeschlagen wird.

HANDICAP

Each player is individually ranked – as in golf – on a handicap scale that ranges from -2 (beginners) to 10 goals. There are only a handful of players worldwide with a 10-goal handicap. About 90 percent of the players are ranked in a handicap range of 0 to 2 goals. The team handicap is the aggregate of the players' handicaps. The difference in goals ("handicap goals") between two teams is awarded to the lower rated team before play begins.

+10

DAS HANDICAP

Jeder Spieler hat – ähnlich wie beim Golf – ein individuelles Handicap auf einer Skala von -2 (Anfänger) bis +10. Auf der ganzen Welt gibt es derzeit nur eine Handvoll Spieler mit einem Handicap von +10. Rund 90 Prozent der Spieler bewegen sich in einem Handicapbereich von 0 bis +2. Das Teamhandicap addiert sich aus den Einzelhandicaps der Spieler. Treffen Mannschaften mit unterschiedlichem Teamhandicap aufeinander, erhält die Mannschaft mit dem niedrigeren Teamhandicap eine Torvorgabe.



Possession Collection

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PIAGET

THE Mallet AND THE BALL

The mallet (also known as the stick) is usually made of Rattan (belonging to the palm family) and may only be held in the right hand. Depending on the height of the pony played, and the rider, the mallets are between 122 cm and 137 cm long. The ball is hit with the head of the mallet. The ball, which is traditionally made of compressed bamboo and today mostly of plastic, has a diameter of about ten centimetres and weighs about 130 grams.



DER SCHLÄGER UND DER BALL

Der Poloschläger (auch Stick genannt) besteht normalerweise aus Rattan (eine Art Palmengewächs) und darf vom Spieler nur in der rechten Hand geführt werden. Je nach Größe von Pferd und Reiter sind die Sticks zwischen 122 cm und 137 cm lang. Das Endstück, mit dem der Ball geschlagen wird, heißt »Zigarre«. Die Bälle, traditionell aus gepresstem Bambus, bestehen heute zumeist aus Kunststoff, haben einen Durchmesser von rund zehn Zentimetern und wiegen etwa 130 Gramm.

HOOING

Hooking is a common defensive play. It means that a player can block the swing of the opponent by using his or her mallet to hook the mallet of the opponent swinging at the ball. A player may hook only if he or she is on the side where the swing is being made or directly behind an opponent. The most important rule in polo is always the safety of the horse!



HOOING / STICKEN

Das Hooking, auch Sticken genannt, dient dazu, den Gegner bei einem Angriff aufs Tor zu stören. Hierzu hakt ein Spieler seinen Schläger in den des Gegners und hindert diesen daran, einen Schlag auszuführen. Es darf aber keinesfalls unter dem Pferdehals oder den Pferdebeinen hindurch »gehooht« werden. Wichtigste Regel im Polosport ist der Schutz des Pferdes, der immer vorgeht!

CHANGE OF SIDES AFTER EACH GOAL

One of the most important rules: the teams change sides after each goal. This rule stems from the hot and sunny colonies in India, where polo was played in the evening due to the high temperatures during the day. As the sun is low in the evening, it was a considerable disadvantage to play against the sun.



SEITENWECHSEL NACH DEM TOR

Eine der wichtigsten Regeln zum Verständnis des Spiels: Nach jedem Tor wechselt die Spielrichtung der Teams. Dies hängt damit zusammen, dass Polo in Indien aufgrund der hohen Temperaturen meist abends gespielt wurde. In den Abendstunden steht die Sonne tief und blendet die Spieler, durch die häufigen Seitenwechsel sind die Chancen der Teams ausgeglichen.

THROW IN

The "Throw In" is performed after each goal. Both teams line up at the halfway line of the pitch, facing the umpire, respectively in the direction of the opponent's goal. The umpire throws the ball between the two teams to resume play. "Throw Ins" may also occur during the match or at the start of each chukka, always in place where the previous chukka has ended.




THROW IN

Ein »Throw In« findet nach jedem Tor statt. Hierbei stellen sich die Spieler beider Mannschaften an der Mittellinie des Spielfelds jeweils in Richtung des gegnerischen Tores auf. Der Ball wird von einem der beiden Schiedsrichter mit dem Ruf »Play« eingeworfen. Außerdem finden »Throw Ins« während des Spiels und zu Beginn jedes weiteren Chukkers statt, immer an der Stelle, an der das vorherige Chukker geendet hat.




TEAMS

Five teams participate in the 2016 Zürich International Polo Cup. An overview of all teams, sponsors, players and handicaps.

PHOTOGRAPHY CLARA PODESTA






Team HATO



Pos. 1
Nathalie
Wolfensberger

Pos. 2
Belen Podesta



Pos. 3
Victoria Loraine

Pos. 4
Veronica Podesta

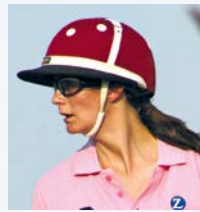
Team LES JOLIES FILLES



Pos. 1
Sibylle Grass



Pos. 2
Alina Haerry



Pos. 3
Sarah Bond

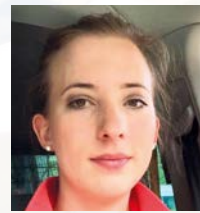


Pos. 4
Vivian Sauter

Team PIAGET



Pos. 1
Susanna Jahn / TBA



Pos. 2
Isabelle Renckstorf



Pos. 3
Danijela Grgic



Pos. 4
Franka Vonholdt

Team ETERNA



Pos. 1
Julika Keller /
Jasmin Huber



Pos. 2
Vera Kubick /
Natalie Weibel



Pos. 3
Lucia Podesta



Pos. 4
Irene Gräff

Team AEGERTER



Pos. 1
TBA



Pos. 2
Melissa Quai



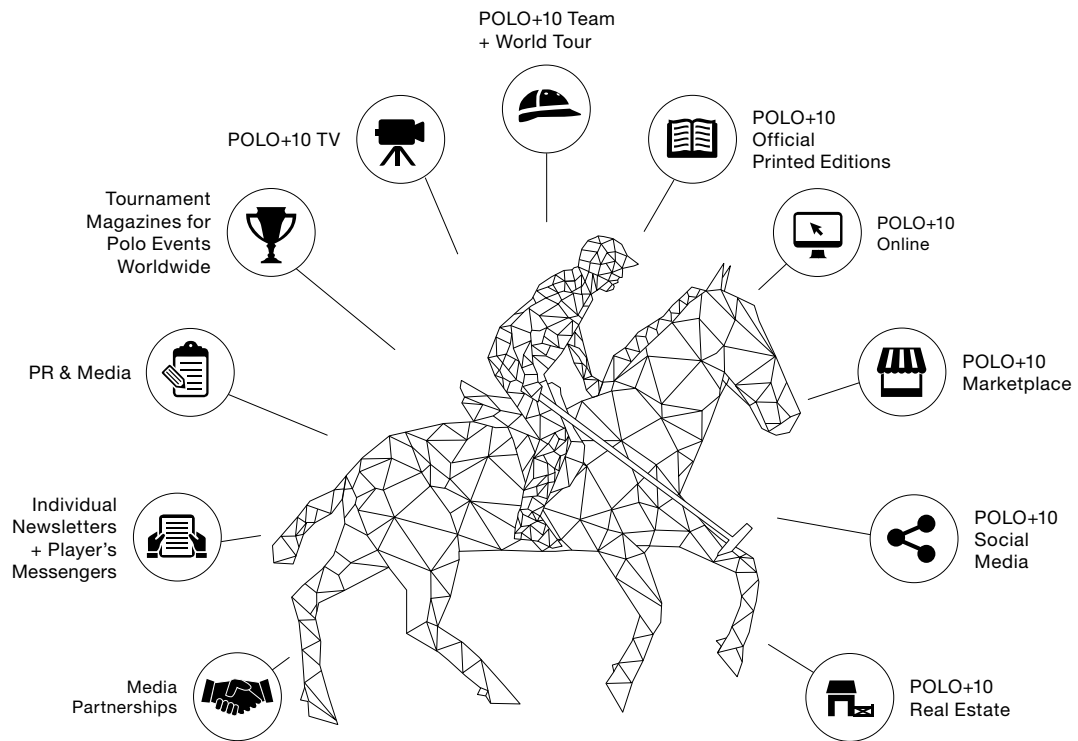
Pos. 3
Morgan Van
Overbroek



Pos. 4
Laura Vuille

POLO+10 IT'S ALL ABOUT POLO

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PROGRAMME

All matches and the programme of the 2016 Zürich International Ladies Polo Cup at Polo Park Zürich at a glance.

PHOTOGRAPHY CLARA PODESTA

Saturday, 2nd July

Team/players pictures 2.00 pm

Game 1: Round Robin 3.00 pm

Team	<input type="radio"/>
Team	<input type="radio"/>
Team	<input type="radio"/>

Game 2 4.30 pm

Team	<input type="radio"/>
Team	<input type="radio"/>

Sunny Hale's talk 7.00 pm
 Restaurant Bloom, Winterthur

Apero and Dinner 8.00 pm
 Restaurant Bloom, Winterthur

Sunday, 3rd July

Game 3: Round Robin 11.00 am

Team	<input type="radio"/>
Team	<input type="radio"/>
Team	<input type="radio"/>

Final 12.30 pm

Team	<input type="radio"/>
Team	<input type="radio"/>

Prize giving ceremony 1.45 pm

Luncheon and post tournament party 2.30 pm

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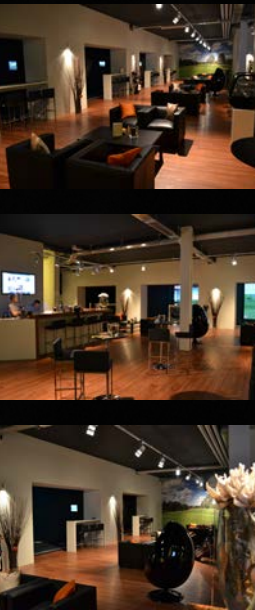


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