



## ROVINJ BEACH POLO CUP

CROATIA / ROVINJ



POLO<sup>+10</sup>



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Image: Croatia Polo

## DEAR GUESTS, SPONSORS AND PLAYERS,

welcome to the second Rovinj Beach Polo, a new tournament which became already famous after his first edition in 2016. With the continuous support of our main sponsor Adris/Maistra we wish to organize again a world class sportive and social event by setting the standards for the sport and the region.

Croatia and Rovinj have so much to offer, so much to show and so much for you, dear guests, to discover. Polo is now a part of it and brings the elegant royal sport to the shore of the adriatic sea. Exciting polo matches, fun filled parties and superb music acts, combined with luxury hospitality and delicious catering will entertain you and pamper all of our guests for the three days to come.

I would like to thank everyone involved in organizing the event, supporting, helping and financing the venue and contributing to the positive spirit, we will all enjoy together. Polo has arrived to Croatia and will continue to grow in the country. For this reason, I am delighted to announce the official establishing of the POLO CLUB ROVINJ.

I wish you, your families and friends wonderful days on and off the polo field, fair and thrilling matches for the participating polo teams and I hope to meet you in person at the 2nd ROVINJ BEACH POLO tournament. •

With warm regards

UWE ZIMMERMANN, PRESIDENT POLO CUP ROVINJ

Dragi gosti, sponzori i sudionici,

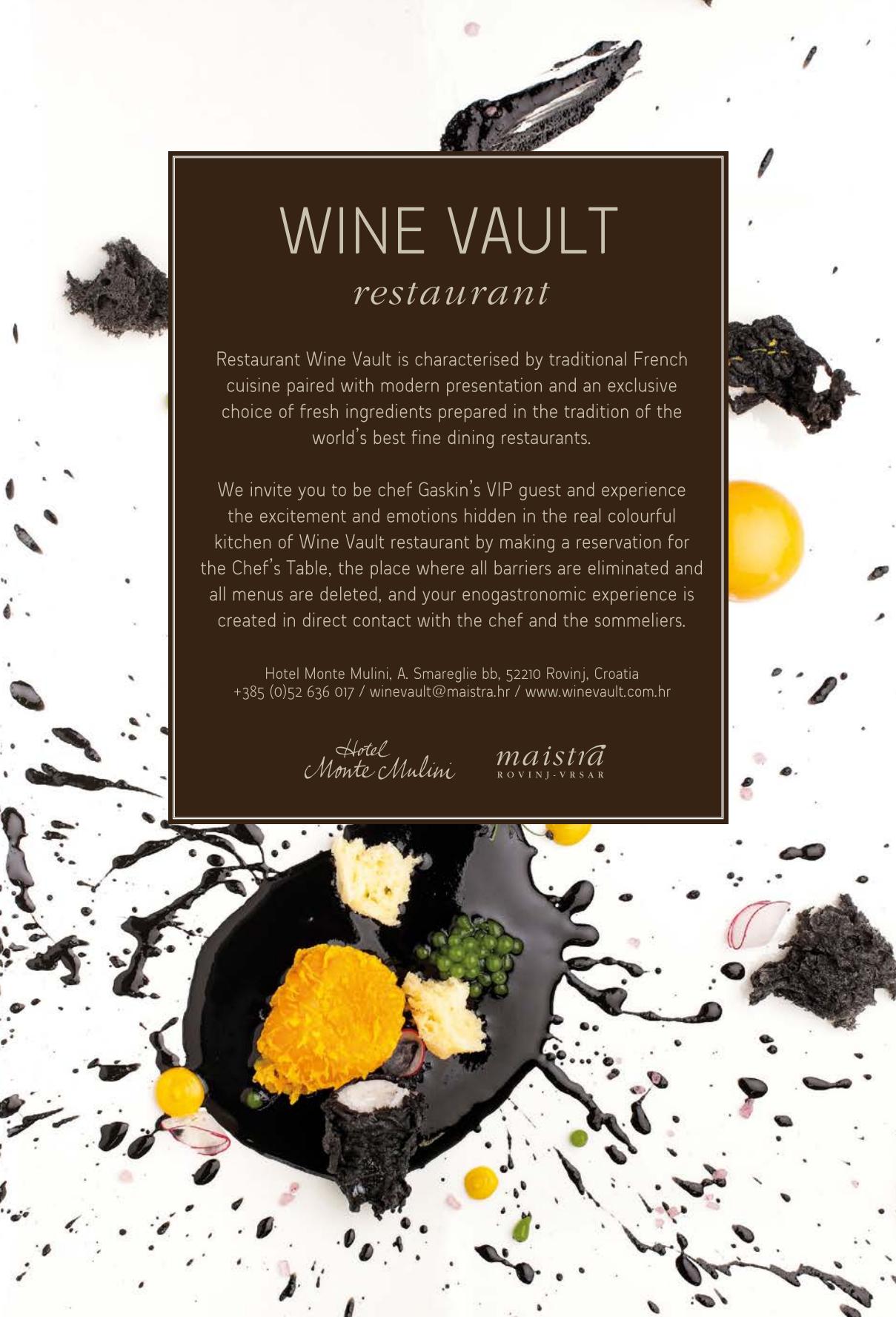
dobrodošli na drugi Rovinj Beach Polo, novi turnir koji je postao poznat već nakon svog prvog izdanja u 2016. godini. Uz kontinuiranu podršku našeg glavnog sponzora Adris / Maistra želimo ponovno organizirati sportski i društveni događaj svjetske klase uz postavljanje standarda za sport i regiju.

Hrvatska i Rovinj imaju toliko toga za ponuditi, toliko toga za pokazati i toliko toga što morate otkriti, dragi gosti. Polo je sada dio toga i donosi elegantni kraljevski sport na obalu Jadranskog mora. Uzbudljive polo utakmice, odlična zabava i dobra glazba kombinirana s luksuznim smještajem i ukusnim jelima će vas zabaviti i razmaziti sve naše goste za vrijeme trodnevnog boravka.

Želio bih se zahvaliti svima koji su uključeni u organizaciju događaja, za podršku, pomoći i financiranje turnira kao i što su doprinijeli pozitivnom duhu, svi ćemo zajedno uživati. Polo je stigao u Hrvatsku i tu će nastaviti rasti. Iz tog razloga, presretan sam što mogu objaviti, da se službeno osniva POLO CLUB ROVINJ.

Želim Vama i Vašim obiteljima i prijateljima predvise dane na i izvan polo terena, fer i uzbudljive utakmice za sudjelujuće polo ekipe i nadam se osobnom susretu na drugom ROVINJ BEACH POLO turniru. •

Lijep pozdrav



# WINE VAULT

*restaurant*

Restaurant Wine Vault is characterised by traditional French cuisine paired with modern presentation and an exclusive choice of fresh ingredients prepared in the tradition of the world's best fine dining restaurants.

We invite you to be chef Gaskin's VIP guest and experience the excitement and emotions hidden in the real colourful kitchen of Wine Vault restaurant by making a reservation for the Chef's Table, the place where all barriers are eliminated and all menus are deleted, and your enogastronomic experience is created in direct contact with the chef and the sommeliers.

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*Hotel Monte Mulini* *maistra*  
ROVINJ - VRSAR

## LADIES AND GENTLEMEN, DEAR GUESTS AND FRIENDS,

It gives me great pleasure to welcome all of you, the participants of the second Rovinj Beach Polo Cup, to Rovinj and to our best hotels, Monte Mulini and Lone. It is an honour to be able to once again host this unique event, which last year already contributed significantly to the recognisability of this destination, the city of Rovinj, as well as to the tourist offer of Croatia. Rovinj has found its place among the world's leading polo destinations, such as Dubai, Miami, Ascona, and St. Moritz, which is a place it deserves, and we intend to maintain this trust by continuing to invest in it.

By 2019, investments made by the Adris grupa and Maistra will amount to 613 million Euros, with an aim to position Rovinj as a desirable tourist destination in global tourism, particularly with regard to the organisation of top-quality sporting events and other attractions. Beside the Beach Polo Cup, Rovinj has hosted the Red Bull Air Race and the RC 44 World Championship, and provided excellent conditions of accommodation, competition and the accompanying programme to the participants of these events, as well as to the tens of thousands of visitors. Already at the beginning of the next season, we are opening a brand new hotel for our guests at one of the most beautiful locations on the Mediterranean, the interior of which was designed by a renowned Italian designer Pierro Lissoni.

Although this is only the second edition of our tournament, Beach Polo is already an integral part of the tourist offer of Rovinj. I am looking forward to socialising with the contestants and admirers of this sport, as well as to the exciting matches in front of a large audience in the polo arena. I believe you will enjoy our lush eno-gastronomical offering and wellness programmes, and we guarantee you will have a good time.

I wish you a pleasant stay in Rovinj! •

TOMISLAV POPOVIĆ, CEO MAISTRA LTD



Image: Croatia Polo

Dame i gospodo, dragi gosti i prijatelji,

iznimno mi je zadovoljstvo svima vama, sudionicima drugog Rovinj Beach Polo Cup-a, poželjeti dobrodošlicu u Rovinj i naše najbolje hotele Monte Mulini i Lone. Velika nam je čast što možemo ponovno ugostiti ovaj jedinstveni dogadjaj koji je već prve godine značajno pridonio prepoznavljivosti destinacije Rovinj i hrvatske turističke ponude. U društву vodećih svjetskih odredišta za beach polo poput Dubaija, Miamija, Ascone i St. Moritza, Rovinj je našao mjesto koje zaslužuje povjerenje koje ćemo opravdati nastavkom ulaganja.

Do 2019. godine ulaganja Adris grupe i Maistre dosegnut će 4,6 milijardi kuna, a sve s ciljem da se Rovinj pozicionira kao poželjna turistička destinacija u svjetskom turizmu, posebice kada je riječ o organizaciji vrhunskih sportskih događaja i sadržaja. Uz beach polo turnir Rovinj je ugostio Red Bull Air Race te Svjetsko prvenstvo u jedrenju klase RC 44, a sudionicima tih događaja, kao i desetima tisuća posjetitelja osigurali smo izvrsne uvjete smještaja, natjecanja i popratnog programa. Već početkom sljedeće sezone za naše ćemo goste otvoriti i potpuno novi hotel na jednoj od najlepših lokacija na Mediteranu, a čije uređenje interijera potpisuje talijanski dizajner Pierro Lissoni.

Iako je ovo tek druga godina našeg turnira, beach polo već je neizostavni dio turističke ponude Rovinja. Radujem se ponovnom druženju s natjecateljima i ljubiteljima ovog sporta, kao i uzbudljivim natjecanjima pred brojnom publikom u polo areni. Vjerujem da ćete uživati i u našoj bogatoj enogastronomskoj ponudi i wellness sadržajima, a jamčimo vam i dobru zabavu i druženje.

Želim vam ugodan boravak u Rovinju! •



A  
D R I S  
*g r u p a*

## DEAR PARTICIPANTS, ESTEEMED COMPETITORS AND DEAR GUESTS,

Welcome to Rovinj, a city of unique cultural heritage and tradition and distinctive Mediterranean and Venetian historical core, a city of well-preserved natural environment, and above all, a friendly and hospitable city.

Last year we had the privilege of hosting the first Rovinj Beach Polo which won the hearts of large audiences. We believe that our experience with hosting Adris RC 44 Cup and Red Bull Air Race has contributed to the organisational efficiency and success of the first edition of Rovinj Beach Polo tournament, a greatly attractive and renowned sporting event.

The past year was a year of numerous achievements for our city. Apart from countless awards and recognitions in the tourism industry, it saw an important segment of Rovinj's cultural heritage, the art of building batana, the little boat that helped feed numerous generations of Rovinj's inhabitants, inscribed on the UNESCO Intangible World Heritage List. Such an honour! Another of Rovinj's last year's highlights was the first time ever Michelin star awarded to one of Croatia's best restaurants! As in the previous year, Rovinj prides itself on being at the Croatian forefront of investments in tourism!

I am greatly pleased to welcome all the competitors and guests attending the sporting spectacle Rovinj Beach Polo tournament on behalf of the city of Rovinj, a city that fosters bilingualism, multiculturalism and multi-ethnicity, a model city for many because of its high social standards and high standards of preservation of cultural heritage and natural environment, the multiple champion of Croatian tourism.

Sincerely yours •

GIOVANNI SPONZA, MAYOR OF ROVINJ



Image: Croatia Polo

Poštovani sudionici Rovinj Beach Polo turnira, cijenjeni natjecatelji i dragi gosti,

Dobrodošli u Rovinj-Rovigno, grad jedinstvene kulturne i tradicijske baštine, osebujne mediteransko-mletačke povijesne jezgre, očuvanog prirodnog okruženja te nadasve grad gostoljubivih ljudi.

Prošle smo godine imali čast po prvi puta ugostiti Rovinj Beach Polo, koji je imao veliki uspjeh kod publike. Vjerujemo da su iskustvo u prethodnim domaćinstvima nad Adris RC 44 Cup-om i Red Bull Air Race-om, pridonijeli dobroj organizaciji i rezultatima prve edicije atraktivne i ugledne sportske manifestacije kakva Rovinj Beach Polo turnir jest.

U prethodnih godinu dana naš je grad postigao mnoge važne uspjehe. Osim nebrojenih nagrada i priznanja turističkog sektora, u prethodnih je godinu dana jedan važan segment rovinjske kulturne baštine - umijeće izgradnje male brodice koja je prehranila generaciju Rovinjaca, batane - upisan na UNESCO-vu listu svjetske nematerijalne baštine. Kakva čast! U proteklih je godinu dana Rovinj postao prvi grad u Hrvatskoj u kojem je zasjala Michelinova zvjezdica! Rovinj je i u protekloj godini, grad u kojem se najviše investira u hrvatski turizam!

Ovim putem svim natjecateljima i gostima koji će pratiti sportski spektakl Rovinj Beach Polo turnir, upućujem riječi dobrodošlice u ime grada Rovinja-Rovigno, grada koji njeguje dvojezičnost, multikulturalnost i multietničnost, grada primjera visokih društvenih standarda i standarda očuvanja kulturnog nasljeđa, zaštite prirodnog okoliša te višestrukog šampiona hrvatskog turizma.

Gradonačelnik •

SREĆA JE ONO ŠTO  
OSJEĆAŠ, A NE ŠTO IMAŠ.



**jana** VODA S PORUKOM SRETNIH MISLI #SRETNEMISLI [www.vodaporukom.com](http://www.vodaporukom.com)

## DEAR POLO FANS,

Welcome to the ROVINJ BEACH POLO CUP in Croatia!

I am really pleased that the 2016 tournament did not turn out to be a one-off event but has now become part of the European polo calendar.

This has only been made possible thanks to huge local support in Rovinj, the sponsors' faith in the future and the visions of the organisers and initiator Uwe Zimmermann.

FIP, the Federation of International Polo, supports polo across the world but primarily wants to boost the development of polo in new countries and therefore hopes that tournaments such as the Rovinj Beach Polo tournament will have a long-term impact on polo in Croatia.

I wish you all a wonderful weekend of polo! •

PIERO DILLIER,  
FIP EXECUTIVE MEMBER AND EUROPEAN ZONE DIRECTOR



Image: Andy Mettier

# PROGRAMME

We are excited to welcome you to the 2<sup>nd</sup> Rovinj Beach Polo Cup 2017 and to experience together many unforgettable moments.

## TIMETABLE

### THURSDAY, 18<sup>TH</sup> MAY 2017

- 8:00–11:00 pm      Welcome Party at Monte Mulini Hotel  
                         \*By invitation only!

### FRIDAY, 19<sup>TH</sup> MAY 2017

- 2:00 pm      Polo Arena Opening Ceremony  
                     Short introduction to polo rules  
                     **First Polo Match** /Show acts  
                     **Second Polo Match** /Show acts  
                     **Third Polo Match**  
                     8:00 pm      Gala Dinner at the Old Tobacco Factory  
                     1:00 am      After Party in the Night Club Lone

### SATURDAY, 20<sup>TH</sup> MAY 2017

- 10:00 am      Polo Parade, starts at the Polo Arena ends at the Adriatic Hotel  
                     Polo Coffee Break at the Hotel Adriatic  
                     2:00 pm      Polo Arena, doors open  
                     2.30 pm      Show act  
                     **First Polo Match** /Show acts  
                     **Second Polo Match** /Show acts  
                     **Third Polo Match**  
                     8:30 pm      Polo Players White Party at the Old Tobacco Factory  
                     10:00 pm     Concert Tony Hadley ex Spandau Ballet at the Old Tobacco Factory  
                     11:30 pm     Dj Party, Global Disco at the Old Tobacco Factory

### SUNDAY, 21<sup>ST</sup> MAY 2017

- 12:30 pm      Polo Arena, doors open  
                     **First Polo Match** /Show acts  
                     **Second Polo Match** /Show acts  
                     **Final Polo Match**  
                     4:30 pm      Winners Cup Presentation and Closing Ceremony  
                     8:00 pm      Polo Farewell Party at the Monte Mulini Hotel  
                     \*By invitation only!

### DRESS CODE

- Welcome Party - smart casual  
                     Polo Arena - smart casual / ladies with hats and fascinators  
                     Gala Dinner - black tie & evening wear  
                     Polo Players White Party - smart casual in white  
                     Polo Farewell Gathering - smart casual

Ladies, don't forget to bring your most spectacular hats or fascinators for the chance to win a fabulous prize in our "Most Fab Hat Competition".

We reserve the right to change the programme.

## RASPORED

### ČETVRTAK, 18. SVIBNJA 2017.

- 20:00–23:00      Party dobrodošlice u hotelu Monte Mulini  
                         \*samo uz pozivnicu

### PETAK, 19. SVIBNJA 2017.

- 14:00      Polo Arena svečanost otvaranja  
                     Kratak uvod u polo-pravila  
                     **Prva polo utakmica** /Zabavna točka  
                     **Druga polo utakmica** /Zabavna točka  
                     **Treća polo utakmica** /Zabavna točka  
                     Gala večera u The Factory (bivša Tvrnica duhana Rovinj)  
                     Zabava After Party u noćnom klubu Lone

### SUBOTA, 20. SVIBNJA 2017.

- 10:00      Polo parada kreće iz Polo Arene i završava u Hotelu Adriatic  
                     Polo druženje uz kavu u Hotelu Adriatic  
                     Polo Arena, otvorena vrata  
                     Zabavna točka  
                     **Prva polo utakmica** /Zabavna točka  
                     **Druga polo utakmica** /Zabavna točka  
                     **Treća polo utakmica**  
                     Bijeli party polo igrača u The Factory (bivša Tvrnica duhana Rovinj)  
                     Concert Tony Hadley ex Spandau Ballet u The Factory (bivša TDR)  
                     DJ Party, Global Disco u The Factory (bivša TDR)

### NEDJELJA, 21. SVIBNJA 2017.

- 12:30      Polo Arena, otvorena vrata  
                     **Prva polo utakmica** /Zabavna točka  
                     **Druga polo utakmica** /Zabavna točka  
                     **Final Polo Match**  
                     Prezentacija pobjednika kupa i svečanost zatvaranja  
                     Polo Farewell Party at the Monte Mulini Hotel  
                     \*samo uz pozivnicu

### DRESS CODE / Pravila odijevanja

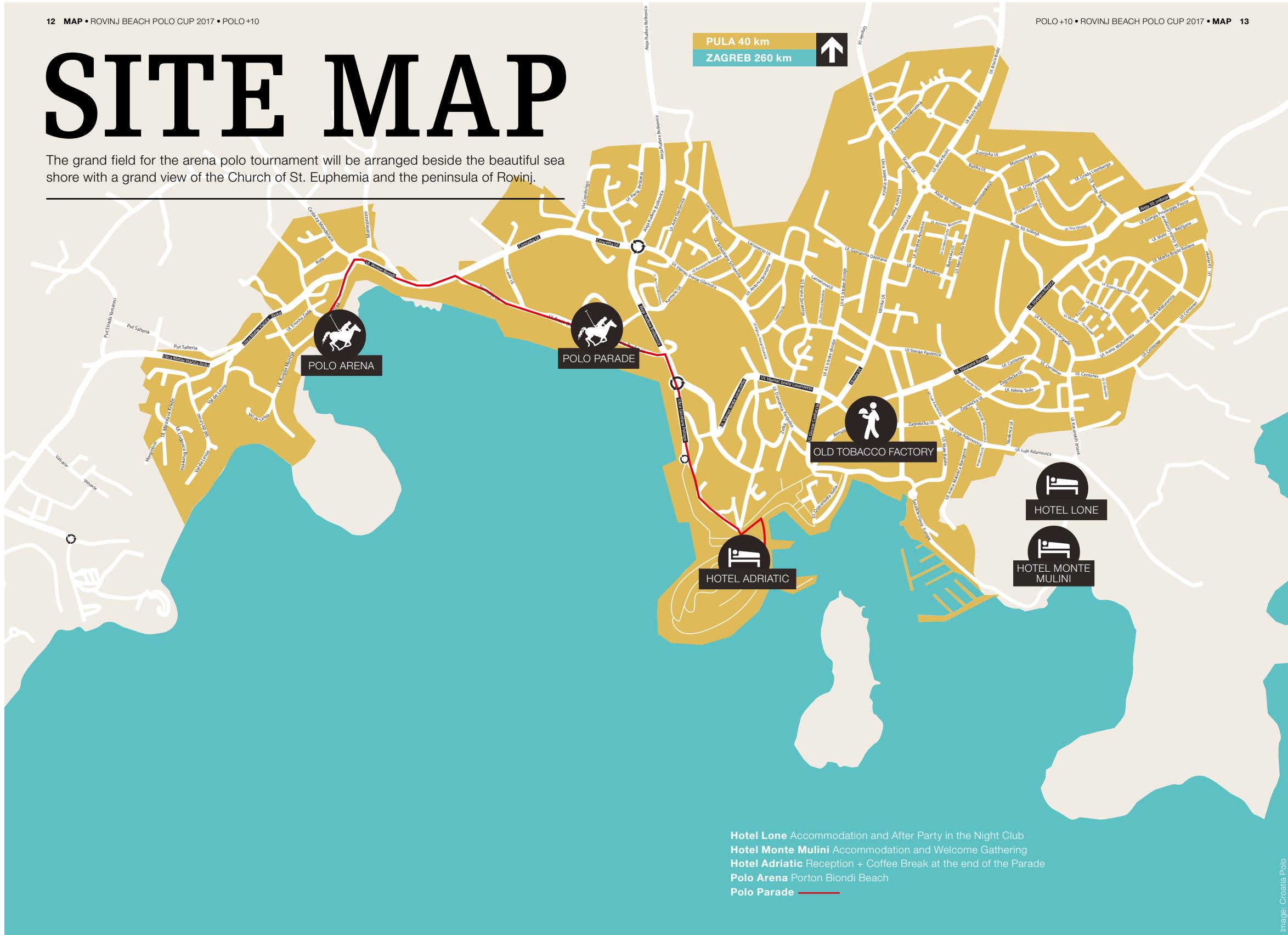
- Party dobrodošlice - smart casual  
                     Polo Arena - smart casual / dame sa šeširima i fascinatorima  
                     Gala večera - crna kravata & večernja haljina  
                     Bijeli party polo igrača - smart casual u bijelom  
                     Polo oproštajno okupljanje - smart casual

Drage dame, ne zaboravite ponijeti Vaše najsjpekturnije šešire ili fascinatore jer možete osvojiti nevjerojatnu nagradu na našem „Natjecanju za naj šešir“.

Zadržavamo pravo izmjene programa!

# SITE MAP

The grand field for the arena polo tournament will be arranged beside the beautiful sea shore with a grand view of the Church of St. Euphemia and the peninsula of Rovinj.



# ROVINJ 2016 REVIEW

Last year the inauguration of the Rovinj Beach Polo Cup marked the beginning of a breathtaking new tradition at the adriatic sea. The international community is looking forward to the second edition from May 18-21 2017.

BY STEFANIE STÜTING PHOTOGRAPHY CROATIA POLO





*S.T. Dupont*  
PARIS 1872

BE EXCEPTIONAL



L'ATELIER S.T.DUPONT, AN ALCHEMIST SECRET



POLO+10 • ROVINJ BEACH POLO CUP 2017 • REVIEW 2016 19

Many exclusive guests from all parts of the world as well as many Croatian personalities from politics and economics joined the inauguration of the Rovinj Beach Polo Cup in 2016. A full success which also got a lot of positive resonance from the international polo community.

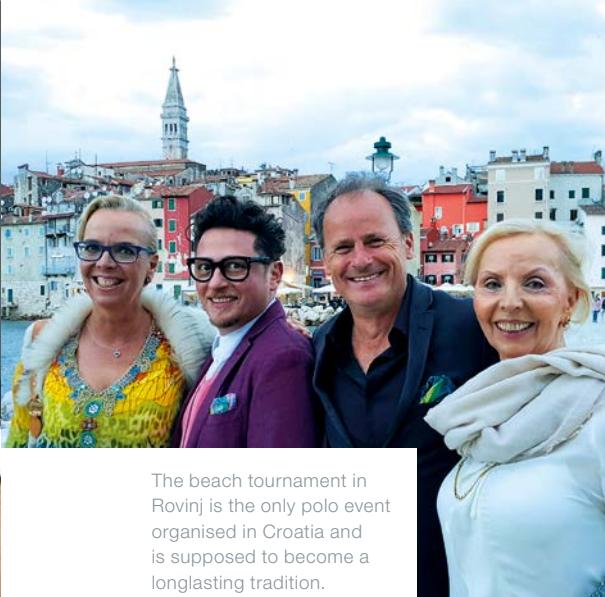




# D1 MILANO

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The beach tournament in Rovinj is the only polo event organised in Croatia and is supposed to become a longlasting tradition.





Veuve Clicquot

*Let life surprise you*



2016 the city of Rovinj was inscribed on the UNESCO Intangible World Heritage List. The polo field will be again set in front of the breath-taking scenery of the protected historic centre of Rovinj.

During the three days of the Rovinj Beach Polo premiere in 2016, numerous polo fans followed the matches during which the top international polo players and Argentine horses showed all the charm of this royal game. With a polo field set in front of the breath-taking scenery of the protected historic centre of Rovinj, the atmosphere was simply unforgettable. The event also included a parade, which received an especially warm welcome on Saturday by the many tourists and citizens of Rovinj who came to see the horses and players. Several international guest such as Mrs Ivana Trump and local authority with Croatian ministry of tourism supported this event as well with their presence. Minister Kliman stated: "This event significantly contributed primarily to the promotion of the country and city of Rovinj as one of the most desirable European destinations, but also as the motive of tourist arrivals to the destination. This polo tournament in Rovinj is the first and only event organised in this part of the world, so my warmest congratulations to the organisers and wishes that polo enthusiasts come soon and visit us again in Croatia".

Uwe Zimmermann, President of Polo Rovinj: "Finally, we have found the right place and organizational support to introduce to local and foreign guests the sporting dynamism, beauty and excitement that polo offers. We are glad that the Town of Rovinj, the Tourist Board, and Maistra have recognised the significance of such an event. Without them, we would not be able to organise such an event".



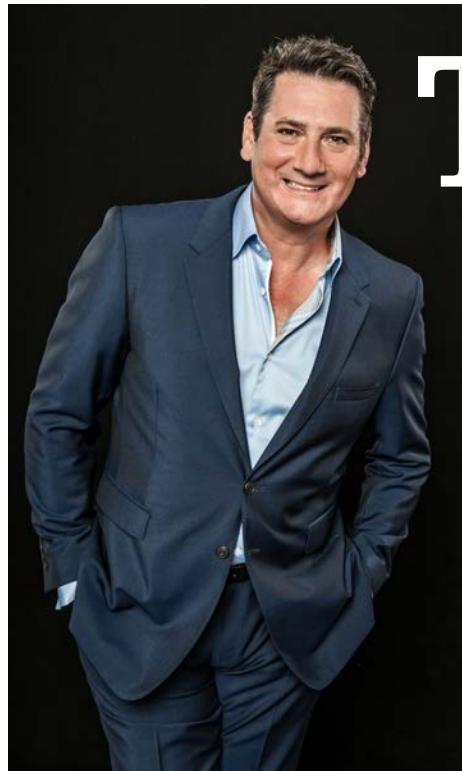
Tijekom trodnevne Rovinj Beach Polo premijere u 2016. godini, brojni obožavatelji pratili su turnir tijekom kojeg su vrhunski međunarodni polo igrači i argentinski konji pokazali sve čari ove kraljevske igre. S polo terenom postavljenim ispred krajolika zaštićenog povijesnog središta Rovinja, koji oduzima dah, atmosfera je bila jednostavno nezaboravna. Događaj je također uključivao paradu, koja je u subotu naišla na posebno toplu dobrodošlicu od strane mnogih turista i građana Rovinja koji su došli vidjeti konje i igrače. Nekoliko međunarodnih gostiju, poput gospode Ivane Trump i lokalne vlasti s hrvatskim Ministarstvom turizma, podržalo je ovaj događaj i svojom nazočnošću. Ministar Kliman izjavio je: „Ovaj je događaj značajan doprinos prije svega promociji zemlje i grada Rovinja kao jedne od najpoželjnijih europskih destinacija, ali i kao motiv turistima da posjete ovu destinaciju. Ovaj je polo turnir u Rovinju prvi i jedini takav događaj organiziran u ovom dijelu svijeta, stoga od srca čestitam organizatorima i želim da polo-entuzijasti uskoro opet dođu i posjete nas u Hrvatskoj“.

Uwe Zimmermann, predsjednik kluba Polo Rovinj: „Konačno smo našli pravo mjesto i organizacijsku podršku da domaćim i stranim gostima predstavimo sportsku dinamičnost, ljepotu i uzbudjenje koje pruža polo. Drago nam da su Grad Rovinj, Turistička zajednica i Maistra prepoznali značaj ovakvog događanja. Bez njih ne bi mogli organizirati ovakav event“.



**IGNITE THE NIGHT**

IT'S *Miller* TIME.



# TONY HADLEY

EX SPANDAU BALLET

This year's polo comes with a rich entertainment programme, particularly in the evenings, when the main star will be the Ex Spandau Ballet singer, Tony Hadley, who will perform a concert in EX TDR.

BY STEFANIE STÜTING PHOTOGRAPHY TONY HADLEY

Tony Hadley became famous as lead singer of Spandau Ballet, Pioneers of the 80s Romantic movement, which had numerous chart topping singles and albums all over the world. Some of the most memorable being the singles Gold, Only When You Leave, Lifeline, the epic Through the Barricades and of course the international number one True.

Tony Hadley has, over the years, earned the accolade of being one of pop music's greatest vocalists. He is a solo artist in his own right who has spent the past twenty five years entertaining audiences all over the world with his stunning rich voice that has lost none of its power, and which critics deem to be better than ever.



Tony Hadley proslavio se kao glavni vokal skupine Spandau Ballet, predvodnika romantičkog pokreta 1980.-ih, čiji su brojni singlovi i albumi bili na vrhu top ljestvica diljem svijeta. Najpoznatiji među njima su „Gold”, „Only When You Leave”, „Lifeline”, epski „Through the Barricades” i, naravno, međunarodni broj jedan „True”.

Kroz godine pjevač je stekao status jednog od najvećih vokalista pop glazbe. U posljednjih dvadeset pet godina kao samostalan umjetnik zabavlja publiku diljem svijeta svojim očaravajućim bogatim glasom, koji nije izgubio nimalo snage, i za koji kritičari kažu da je bolji nego ikad.

*Sapphires and Rubies  
made from ashes or hair.*

*Forget me not*

[mevisto.com](http://mevisto.com)

"My Zhara was my canine soul mate. We understood each other even without words, and she left a deep impression on my life. She was my constant companion and my loyal heart. Whenever I needed someone, her paw was there. Now that she has passed away, my princess will not only remain in my heart, but will also accompany me from now on as a naturally coloured gemstone from Mevisto set in a ring." Karina K.



# ASCONA HUBLOT POLO CUP

The 7th edition of the Hublot Polo Cup Ascona 2016 was exciting and exotic, taking a leaf straight out of the pages of "1001 Nights". This year from July 14-16, Great Britain will be the official guest in Ascona and will lend its theme to that unique venue.

BY STEFANIE STÜTING PHOTOGRAPHY ROBERT W. KRANZ / POLOWERK



Three magical days in July, idyllically situated on the banks of Lake Maggiore and surrounded by the incomparable flair of the Ticino region. One of the most beautiful polo tournaments in Europe has taken place on the former Ascona airfield for seven years now and is famous not only for high-quality sport, but also its annually changing and surprising activity programme. "Dubai meets Switzerland" was this year's theme – and the programme included a welcome party at the Giardino Hotel's pool, a players' party at the golf club in Ascona, a reception during the parade through Ascona (sponsored by the Seven restaurant group), a "1001 Nights" party on Saturday evening at the polo arena and a family polo brunch on the day of the final in superb summer weather on the banks of Lake Maggiore. The Zimmermann family, the Sauer family and Nicole Pandiscia have invested much in their polo event in Ascona over the last 7 years, making it a legendary and highly entertaining event. Many international guests travel from far away to experience the elegance and hospitality of the tournament. •

[www.poloclubascona.ch](http://www.poloclubascona.ch)

[www.poloclubascona.ch](http://www.poloclubascona.ch)

Tri čarobna dana u srpnju, idilični smještaj na obalama jezera Maggiore i okruženje neusporedivo ugodnja regije Ticino. Jedan od najljepših polo turnira u Europi održava se u nekadašnjoj zračnoj luci Ascona već sedmu godinu, a poznat je ne samo po sportu vrhunske kvalitete, već i po tome da se svake godine iznova mijenjaju i iznenaduju promjene programa aktivnosti. „Dubai susreće Švicarsku“ bila je ovogodišnja tema - a program je uključivao party dobrodošlice u bazenu hotela Giardino, party igrača u golf klubu u Asconi, prijem za vrijeme parade kroz Asconu (pod pokroviteljstvom restorana grupe Seven), party „Tisuću i jednu noć“ u subotu navečer u polo arenici i obiteljski polo brunch na dan finala po najljepšem ljetnom vremenu na obali jezera Maggiore. To što su obitelj Zimmermann, obitelj Sauer i Nicole Pandiscia uložili u polo turnir u Asconi u zadnjih sedam godina je legendarno i uključuje vrhunsku zabavu. Mnogi međunarodni gosti putuju izdaleka kako bi doživjeli tu eleganciju i gostoljubivost turnira. •



**WHAT ACTUALLY HAPPENS WHEN PEOPLE GET OLDER?**  
According to one of Professor Johannes Huber's comments at an anti-ageing congress, we're not actually 100% certain what happens. All we do know is that ageing is the result of a process that suddenly starts to work backwards. "Our body's protective mechanism becomes corrupt and starts suppressing the genes that are important for bodily functions," explains the medic and theologian. The repercussions of these suppressed genes can be seen everywhere on our body, and range from reduced agility and mobility to less skin elasticity. This process is not only brought on by our advancement in years, but is also influenced by certain lifestyle factors. Environmental pollution and toxins cause just as much physical degeneration as stress, too little sleep, lack of exercise and an unhealthy diet. We are, however, able to counteract this process –

An interview with Prof. Dr med. Dr theo. Johannes C. Huber, endocrinologist and anti-ageing expert

and this is where our diet plays a critical role. "This is something we have known for a very long time, but it has only recently been proved by the medical world." Compounds of plant origin – such as natural vitamin D, which is important for our bones, or epigallocatechin gallate, which is found in green tea – can have a normalising effect on our body's protective system. "Green tea has been proved to induce epigenetic changes," says Professor Huber. According to him, this substance preserves the good cells in our body and gets rid of the bad ones. The positive effects of this substance, alongside others, are indisputable. These compounds, combined with sleep, mental well-being and sport, help the protective mechanism of our body to work properly again and slow down symptoms of old age.

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## STOPPING THE CLOCK

There is a way we can slow down the ageing process. The anti-ageing expert Professor Johannes Huber talks about boosting youthfulness and looking radiant



# POLO RULES

With knowledge of the basic rules, even a newcomer to polo can partake in the action on the field. On this page you will find some basics of the fast sport of polo at a glance.

## THE GAME

A game has four to eight periods of play known as chukkas. One chukka is seven and a half minutes long with the clock being stopped every time there is any interruption. The breaks between each chukka are about three to five minutes long and this is when players have to change ponies. Sides are changed every time a goal is scored – which can be rather confusing for first-time polo spectators. The game is not stopped if a player falls off his horse as long as he or she is not injured. However, play is stopped if a horse injures itself, the bridle gets entangled, or a horse's bandage comes undone.



## HANDICAP

Each player is individually ranked – as in golf – on a handicap scale that ranges from -2 (beginners) to +10. There are only a handful of players worldwide with a 10-goal handicap. About 90% of the players are ranked in a handicap range of 0 to +2. The team handicap is the aggregate of the players' handicaps. The difference in goals ("handicap goals") between two teams is awarded to the lower rated team before play begins. In snow polo, the handicap of each player is raised by 1 goal.



## PERIOD IGRE

Igra se sastoji od najmanje četiri do osam perioda, koji se nazivaju chukkeri. Jedan chukker traje 7,5 minuta čistog vremena igre, a kod prekida se sat zaustavlja. U Njemačkoj se u pravilu igra četiri chukkeri. Stanke između svakog dijela igre služe za zamjenu konja i traju od tri do pet minuta. Nakon svakog pogotka timovi mijenjaju smjer igranja. Ako neki igrač padne s konja i pritom se ne ozlijedi, igra se nastavlja. No ako se spotakne i ozlijedi konj, igra se odmah prekida.

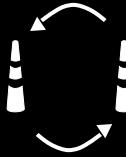
## HANDICAP

Svaki igrač ima – kao kod golfa – svoj handicap na ljestvici od -2 (početnik) do +10. Na cijelome svijetu danas postoji samo nekoliko igrača koji imaju Handicap +10. Timski handicap je zbroj handicapova svih igrača. Ako se natječu timovi različitog broja timskog handicap-a, tim s nižim brojem timskog handicap-a ima gol prednosti. Kod pola na snijegu handicap svakog igrača povećava se za +1.



## LINE OF THE BALL

The line of the ball and the right-of-way make up the fundamentals of the game. The line of the ball is the imaginary path the travelling ball is expected to take. This line may not be crossed by the opponent. A player who is going straight after a ball he has hit, or the first player to swing into the line of a rolling or flying ball, without hampering the others, may not be intercepted by any other player as this could harm the player or the pony.



## CHANGE OF SIDES AFTER EACH GOAL

One of the most important rules: the teams change sides after each goal. This rule stems from the hot and sunny colonies in India, where polo was played in the evening due to the high temperatures during the day. As the sun is low in the evening, it was a considerable disadvantage to play against the sun. •

## LINIJA LOPTE

Linija lopte i pravo prolaza osnova su ove igre. Linija lopte je zamišljena linija udarene lopte. Tu liniju nijedan igrač ne smije prijeći. Igrača koji slijedi udarenu loptu po ravnoj liniji ili ako kao prvi bez ometanja drugih skrene na liniju lopte koja se kotrlja ili leti, ne smije unakrsno prolaziti nijedan drugi igrač jer bi time doveo u opasnost konja ili igrača.

**PROMJENA STRANA NAKON POGOTKA**  
Jedno od najvažnijih pravila igre: Nakon pogotka mijenja se smjer igranja timova. To pravilo povezano je s činjenicom da se polo u Indiji zbog visokih temperatura obično igra uvečer. U večernjim satima sunce je nisko i zasljepljuje igrače, pa se čestom zamjenom strana svakom timu pruža jednaka šansa. •

# TEAMS



Six teams start at the second Beach Polo Cup in Rovinj. Who is going to make it to victory 2017? The "Voice of Polo" Jan-Erik Franck with a forecast and the team presentation.

BY JAN-ERIK FRANCK

## OFFICIALS



Speaker  
Jan-Erik Franck



Umpire  
Mark Holmes

**TEAM D1 MILANO (+8)**



Image: Croatia Polo

Image: Croatia Polo

Image: Croatia Polo

Pos. 1 Michele Cattadori (+1) Pos. 2 Susanne Rosenkranz (+1) Pos. 3 Santiago Schweitzer (+6)

Great to see Susi back in Croatia after having played here in the debut year 2016. An exciting team line-up with the spirit of the Italian Michele Cattadori and the passion of the Argentine 6-Goaler Santiago Schweitzer.

**TEAM MILLER (+7)**



Image: Croatia Polo

Image: POLO+10

Image: Croatia Polo

Pos. 1 Cédric Schweri (+1) Pos. 2 Matteo Beffa (+1) Pos. 3 Sebastian Dawney (+5)

Longterm team mates Matteo Beffa and Cédric Schweri will be playing alongside 5-goaler Sebastian Dawney, son of the world famous polo coach Hugh Dawney from Ireland and an experienced and strategically brilliant polo player.

**TEAM JANA (+4)**



Image: Croatia Polo

Image: Croatia Polo

Image: Croatia Polo

Pos. 1 Alexandra Bencikova (0) Pos. 2 Ladislav Agardi (+1) Pos. 3 Comanche Gallardo (+3)

Always great to see the infamous duo Alexandra Bencikova and Ladislav Agardi from the Danube Polo Club in Slovakia, teaming up with the experienced Comanche Gallardo from Argentina.

**TEAM VEUVE CLICQUOT (+5)**



Image: Frank Kirschke

Image: Croatia Polo

Image: Wolfgang Barth

Pos. 1 Frank Kirschke (0) Pos. 2 Philipp Zimmermann (+1) Pos. 3 Agustin Kronhaus (+4)

This is a team that I am very much looking forward to seeing play together and how they perform. A great combination of youth, experience and know-how. I believe that they could go all the way to the final.

# GELLNER



[www.gellner.com](http://www.gellner.com)

### TEAM ADRIS (+7)



Image: Croatia Polo



Image: Croatia Polo

Pos. 1 Gabriel Eckenstein (+1)



Image: Croatia Polo

Pos. 2 Clare McNamara (0)



Image: Croatia Polo

Pos. 3 Casimir Gross (+6)

Another strong team with 6-goaler Casimir Gross from England, who will be the driving force in this line-up. He is supported by two solid arena polo players. Another team which could be good for a surprise.

### TEAM BENTLEY (+8/+6)



Image: Croatia Polo



Image: Croatia Polo

Pos. 1 Marcus Schalldach (+2)



Image: Croatia Polo

Pos. 2 Uwe/Zim Maximilian Zimmermann (+2/0)



Image: Croatia Polo

Pos. 3 Marcelo Caivano (+4)

Definitely a favourite as these players know each other very well – both on and off the field. Uwe Zimmermann and his team will be looking to retain the crown of 2016 and to defend the title.

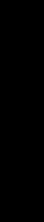
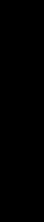


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# TOURNAMENT PROGRAMME

Action-packed matches and exciting encounters await the guests at the Beach Polo Cup in Rovinj. An overview of all matches.

**FRIDAY, 19<sup>TH</sup> MAY 2017**

3:00 pm      **1<sup>st</sup> Polo Match**

	:	
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4:00 pm      **2<sup>nd</sup> Polo Match**

	:	
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5:00 pm      **3<sup>rd</sup> Polo Match**

	:	
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**SATURDAY, 20<sup>TH</sup> MAY 2017**

3:00 pm      **1<sup>st</sup> Qualification Round**

	:	
--	---	--

4:00 pm      **2<sup>nd</sup> Qualification Round**

	:	
--	---	--

5:00 pm      **3<sup>rd</sup> Qualification Round**

	:	
--	---	--

**SUNDAY, 21<sup>ST</sup> MAY 2017**

1:00 pm      **Match for 3<sup>rd</sup> Place**

	:	
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2:00 pm      **Match for 2<sup>nd</sup> Place**

	:	
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3:00 pm      **Final Match**

	:	
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4:30 pm      **Prize-Giving Ceremony and Closing Ceremony**

We reserve the right to change the programme.

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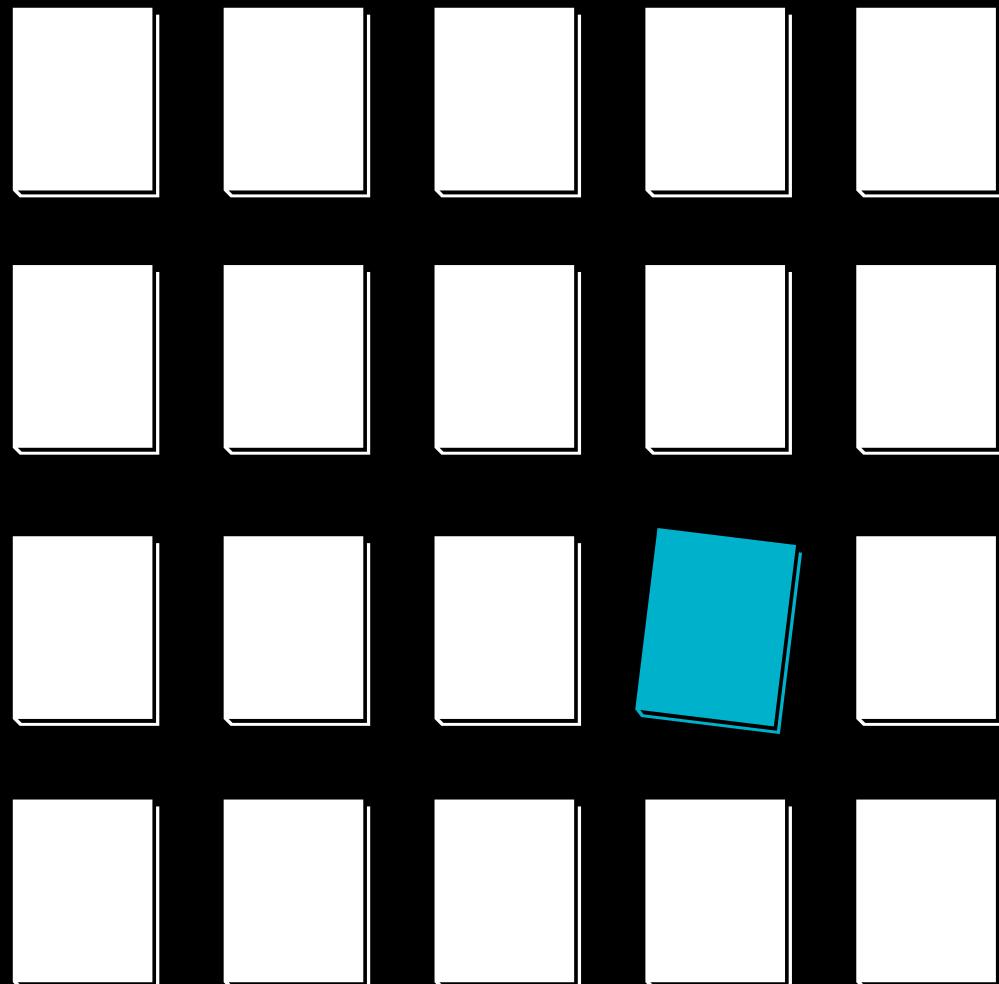


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